

Diversity/Culture and Spirituality



Media

The Canadian Broadcasting Corporation (CBC) is a national broadcaster. CBC's services are funded by Canadian tax payers and services are available in English and French. CBC covers local and national news. It also offers cultural programming on TV, radio and online. Learn more at www.cbc.ca.

Many television and radio stations broadcast in different languages. U Multicultural is an ethnic

media platform focused on the diverse communities of Canada. U Multicultural connects more than 15 different communities and organizations. Visit <https://u-channel.ca/>.

There are many newspapers published in Canada for different ethno-cultural groups. The National Ethnic Press and Media Council have a list of newspapers on their website at www.nationalethnicpress.com.

Food

There are ethnic markets and major supermarkets that sell imported food products from all over the world. The best way you can learn about local markets and restaurants is through “word of mouth.” Talk to people in your community, at your place of worship and search online.

- All major supermarkets have foods you need for international cooking. Some supermarkets have 1-2 aisles with just international food products.
- To find a list of ethnic stores, visit the Yellow Pages: www.yellowpages.ca.
- You can use apps to guide you to ethnic grocery stores and restaurants in your community. Search the apps store on your smart phone.

- Restaurant review websites also organize listings by cuisine type, including vegetarian.
- Farmers' markets allow vendors to sell produce and other products throughout the year. You can find these markets in buildings, parking lots or parks on specific days.

- Find a market in your area:

<https://www.directfarmmanitoba.ca/markets/>

<https://www.gov.mb.ca/agriculture/local-food/index.html>

- Learn when different fruits and vegetables are in season: <https://www.thespruceeats.com/manitoba-fruits-and-vegetables-2215530>

Festivals and Cultural Centres

There are many museums, theatres and cultural centres in large and small communities across Manitoba.

- Museums: <https://www.museumsmanitoba.com/>
- Film: Search online or in your local newspaper for a film festival in your community.
- Theatre: <https://thetheatrelisting.ca/listings/manitoba-theatre-for-young-people/>
<https://royalmtc.ca/>
<https://www.tourismwinnipeg.com/things-to-do/performing-arts/>

- Art: Search online for art centres or galleries in your community.
- Music and Dance: Search online or in your local newspapers for a local event.
- Canada Day: Celebrations are held across Manitoba on July 1.
- National Indigenous Peoples Day: <https://www.canada.ca/en/canadian-heritage/campaigns/indigenous-peoples-day.html>
- Francophone festivals: <https://heho.ca/en/>
- Festivals: <https://www.tourismwinnipeg.com/festivals-and-events/annual-festivals-and-events>
<https://www.everfest.com/lists/ca-manitoba>



win.manitobastart.com



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More information about things to do in Manitoba at Travel Manitoba:
www.travelmanitoba.com/things-to-do/

There are many cultural and multicultural festivals throughout the year in Manitoba. These include art, film, food, and music. Community centers and libraries have information about local festivals. You can hear about cultural events through local and ethno-cultural media.

Here are some examples of festivals in Manitoba:

Canada's National Ukrainian Festival	https://cnuf.ca/
Exchange District Festivals	https://exchangedistrict.org/festivals/
Dauphin's Country Fest	https://countryfest.ca/
Festival du Voyageur	https://www.iexplore.com/articles/festival-du-voyageur
Fire and Water Music Festival	https://firewater.ca/
Folklorama Festival	https://www.folklorama.ca/
Islendingadagurinn (Icelandic Fest)	https://www.icelandicfestival.com/
Manito Ahbee Festival	https://www.manitoahbee.com/home
Manitoba Stampede and Exhibition	https://manitobastampede.ca/
Morden Apple and Corn Festival	https://cornandapple.com/
Pride Winnipeg	https://pridewinnipeg.com/
Red River Exhibition	https://www.redriverex.com/
Winkler Harvest Festival and Exhibition	https://www.winklerharvestfestival.com/
Winnipeg Folk Fest	https://www.winnipegfolkfestival.ca/

Spiritual

Manitoba is a secular society, but people of all faiths can worship as they choose. You can find churches, mosques, synagogues and temples in the local phone directory or by searching online.

Mosques and Islamic Centres	https://www.miaonline.org/mosques/
Synagogues	https://www.jewishwinnipeg.org/directory?category=2
Hindu Temples	http://www.hsmtemple.com/
Sikh Temples	www.worldgurudwara.com https://sikhsocietyofmanitoba.com/
Buddhist Centres	http://www.buddhist.ca/ http://buddhist.ca/buddhism_religion_canada_links.html#manitoba
Anglican Churches	www.anglican.ca http://anglicansonline.org/canada/Provinces/manitoba.html
Roman Catholic Churches	www.catholiclinks.org
Archdiocese of Winnipeg	https://www.archwinnipeg.ca/parish_directory.php
Archdiocese of St. Boniface	https://www.archsaintboniface.ca/parish_directory.php
Archdiocese of Keewatin Le Pas	https://archdioceseofkeewatinlepas.ca/wp/parish-mission-directory/
United Church of Canada	http://locator.united-church.ca
Baptist Churches in Canada	https://npreigion.org/manitoba-association/